## How to Reuse Toilet Paper Rolls to Start Seeds



Reusing is the step prior to recycling in the common phrase, "Reduce, Reuse, Recycle." Reusing allows items to be used up, rather than using resources to recycle them into another product. By reusing, we reduce waste! Look into your recycle bins and see which items you can reuse. Here is a tip for reusing toilet paper rolls to start, or germinate, seeds.

Things you will need:

Dirt Scissors Seeds Water







Save your empty toilet paper rolls

Cut them in half

Cut three 1-1/2 inch slits in bottom

Going around the end of the toilet paper roll, gently press in creating a bottom.



When you are finished, the bottom of your new seed starting cup should look like this. Arrange all you seed cups together.

Fill your seed cups with soil. Place a seed in the center of each one. Water daily. Within a few days, your seeds will begin to sprout. When you transplant the sprouts to your garden, be careful to support the bottom of the cup with your hand. This will prevent the dirt from falling out. You can place the cups directly in the garden. You do not need to tear the paper away.

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